Food, Children and Youth
What’s eating?

Institute of Social Sciences, University of Lisbon	February 21-22, 2014

Final Programme

This conference is organised under the project “Between the School and the Family: Children’s Food Knowledge and Eating Practices” (PTDC/CS-SOC/111214/2009). http://www.school-meals.pt.vu
Registration & Coffee
9.00 a.m.

Welcome & Introduction
9.30 — 10.00 a.m.

Auditório

Jorge Vala  Director of the Institute of Social Sciences—University of Lisbon
Luísa Schmidt  Coordinator of the Observatory for the Environment and Society (OBSERVA)
Maria Manuel Vieira  Coordinator of the Permanent Observatory on Youth (OPJ)
Mónica Truninger  Conference Convenor

Opening Conference
10.00 — 11.00 a.m.

Chair: Olivia Bina

Auditório

The Politics of the Public Plate: school food and sustainability
Kevin Morgan (Cardiff University, UK)

Coffee break
11.00 — 11.30 a.m.

Session 1 - Food practices: schools, families, children and youth
11.30 a.m — 1 p.m.

Chair: Karin Wall

Auditório

Recipes for mothering? An analysis of UK blogs about feeding the family
Heather Elliott, Rebecca O’Connell (Institute of Education, UK) and Corinne Squire (University of East London, UK)

Pleasant eating? Children’s embodied eating experiences at school
Mette Kirstine Tørslev (SFI—The Danish National Centre for Social Research, Denmark)

The difficulties of measuring adolescents’ food intake and behaviors
Erika Hansson (Kristianstad University, Sweden) and Maria Lennernäs (Gävle University, Sweden)

School meals and children’s food practices in Portugal: main results of a research project
Mónica Truninger, Ana Horta and José Teixeira (ICS-UL, Portugal)

Lunch & Poster session
1.00 — 2.30 p.m.
5th Floor

Posters:

Changing eating habits among Polish children: causes and consequences
Kamila Czepczor, Katarzyna Kościcka, Ewa Bobrska and Anna Brytek-Matera (University of Social Sciences and Humanities, Poland)

Preference for taste over health in children’s food selection and eating practices
Simone Nguyen (University of North Carolina Wilmington, USA) and Helana Girgis (University of Arkansas, USA)

Young consumers’ gustatory expectations for apples
Pierre Vaysse, Patrick Reynier, Sandrine Codarin, Valentine Cottet, Lousie Rival (Centre Technique Interprofessionnel des Fruits et Légumes, France)

Prevalence and Factors Associated with Overweight and Obesity among Primary School Children in Addis Ababa, Ethiopia.
Mitiku Teshome Hambisa (Haramaya University, Ethiopia) Getachew Zeru (ICAP, Ethiopia) Alemayahu Worku (Addis Ababa University, Ethiopia)

The role of family meals in children food preferences
Ana Rodrigues Lopes, Rute Borrego (ESTESL, Portugal), Raquel Ferreira (Sintra EDUCA, Portugal), Elisabete Carolino, Joana Sousa and Lino Mendes (ESTESL, Portugal)

Contribution to skills development in Culinary Arts: eating and taste sensitivities
Cláudia Azevedo, Joana Faustino (Cocoon-ESUTE, Portugal), E. Lamy (ICAAM, Portugal) and Manuela Guerra (Cocoon-ESUTE, Portugal)
Friday, 21 February

Parallel Sessions

Session 2 - Public procurement and food in schools
2.30—4.30 p.m.
Sala 3
Chair: Susana Fonseca

Public Food and Sustainable Development: the school food case
Rosa Sousa (ICS-UL, Portugal)

The Social Life of School Shops in Warsaw
Zofia Boni (School of Oriental and African Studies, UK)

“Glass of milk” and “Vegetables and fruit in schools”. Children nutrition programs and their controversies
Ariel Modrzyk (Adam Mickiewicz University, Poland)

The ambiguous process of pupils participation in developing school meals
Maria Bruselius-Jensen (Steno Health Promotion Centre, Denmark)

Developing a Conceptual Framework for Understanding Children’s Eating Practices in Different Foodscapes: Implications for School Food Reform
José A. Torralba (University of Hawaii at Manoa, USA) and Barbara Ate Guidalli (Observatorio de la Alimentación - Universidad de Barcelona, Spain)

Session 3 - Eating disorders and bodies
2.30—4.30 p.m.
Sala polivalente
Chair: Vítor Sérgio Ferreira

Children, Food and Internet: a study to understand pro-anorexic lifestyle dissemination
Teresa Sofia de Castro and António Osório (University of Minho, Portugal)

The more fat the better”: Viewing ‘Food as Medicine’ and Altered Food Norms for Children Using the Ketogenic Diet
Michelle Webster (University of London, United Kingdom)

Eating well: culture, pleasure, health and aesthetics for Brazilian and Spanish Young Women
Maria Gaspar (Université de Toulouse 2, France)

Food, weight-related issues and knowledge about eating disorder psychopathology in late adolescence: a preliminary study
Anna Brytek-Matera, Ewa Bobrska, Kamila Czepczor and Katarzyna Kościcka (University of Social Sciences and Humanities, Campus in Katowice, Poland)

Food, Culture, Identity: an action research
Elisabetta Nigris and Barbara Balconi (University Milano Bicocca, Italy)

Session 4 - Food in institutions
2.30—4.30 p.m.
Auditório
Chair: Luísa Schmidt

Pleasures and risks of school food: an exploratory study of concurrent discourses on food in French primary schools
Simona De Iulio and Susan Kovacs (University Lille 3, France)

Negotiating the meaning of convenience in adolescents’ food practices
Stefan Wahlen, Roosje Pothoff and Hilje van der Horst (Wageningen University, Netherlands)

Eating in German Early Childhood Institutions
Friederike Schmidt (University Bielefeld, Germany) and Marc Schulz (University of Siegen, Germany)

Food practices of looked after children: holding on and moving forward
Arianna Patrick and Lisa Schubert (University of Queensland, Australia)

Young people’s eating between discipline and enjoyment – fantasies and desires in photography
Kathrine Vitus (The Danish National Center for Social Research, Denmark)
Coffee break
4.30 — 4.45 p.m.

Parallel Sessions
Session 5 - Food and families I
4.45 — 6.45 p.m.
Auditório
Chair: Ana Nunes de Almeida

The everyday mothering of making children’s lunchboxes: between display and accountability
Benedetta Cappellini and Vicki Harman (University of London, UK)

Feeding pre-school children: maternal decision making and the impact of information and advice
Carol Bryce (University of Warwick, UK)

“When my plate is empty”: Internal vs. external cues to meal cessation in children
Charlene Elliott (University of Calgary, Canada)

Families and food poverty in three European countries in an age of austerity
Rebecca O’Connell (University of London, UK)

Session 6 - Nutrition, consumption and youth
4.45 — 6.45 p.m.
Sala polivalente
Chair: José Teixeira

Evaluation of salt in school meals
Cláudia Viegas (ESHTE, Portugal) Pedro Graça (University of Porto, Portugal) Maria do Rosário Martins and Jorge Torgal (New University of Lisbon, Portugal)

Adolescents’ food records (FR) as a relevant tool to access their progress in daily food eating
Margarida Vieira and Graça S. Carvalho (CIEC-University of Minho, Portugal)

Fruit consumption in children and adolescents: the evolution after its promotion at school
Bruno Sousa (SESARAM, Portugal)

Building collaboration between healthy nutrition actors within action research approach
Antra Mieze (University of Latvia, Latvia)

Food habits of adolescents: consumption pattern and relationship with BMI
Cátia Brunhoso, Cristina Pereira, Elodie Pires, Vera Ferro-Lebres and António Fernandes (Polytechnic Institute of Braganza, Portugal)

Session 7 - Food marketing
4.45 — 6.45 p.m.
Sala 3
Chair: Ana Horta

Children’s food commercial communication in Portugal: self-regulation is “the way” against changes in regulation
Ana Jorge (New University of Lisbon, Portugal)

“In your face: food marketing to children on Facebook”
Gabrielle Jenkin, Louise Signal, Ellen Jackman, Hedley Dew and Moira Smith (University of Otago, New Zealand)

Food Marketing to Child and Teen at the Crossroads of EU policies and legislation
Maria Luisa Chiarella (University Magna Graecia of Catanzaro, Italy)

Using photo-ethnography to understand children’s eating practices
Stephanie Chambers, Ruth Freeman and Annie Anderson (University of Dundee, UK)

Conference dinner (PAYGO)
8:30pm
Saturday, 22 February

Registration & Coffee
9.00 a.m.

Parallel Sessions

Session 8 - Food and families II
9.30—11.30 a.m.
Sala polivalente

Chair: Ana Delicado

**When do working families eat together? Findings from a mixed methods longitudinal study in the UK**
Rebecca O’Connell and Julia Brannen (University of London, UK)

**Uncertainties and challenges in children’s food practices at home: changes in family generational relations perceived by kindergarten teachers**
Cristina Rocha and Manuela Ferreira (University of Porto, Portugal)

**Finding formula: Exploring emergency infant formula provisioning to low-income families in Canada**
Lesley Frank (Acadia University, Canada)

**Food and families in the archives: methodological reflections on using narrative archival data to study food and family life in hard times**
Abigail Knight and Julia Brannen (University of London)

**Negotiating cultural spaces; food use among Nigerian youths in Belgium**
Maureen Duru (Vrije Universiteit Brussel, Belgium)

Session 9 - School meals initiatives
9.30—11.30 a.m.
Auditório

Chair: Mónica Truninger

**”It’s a good idea this breakfast thing”: Findings from the evaluation of a universal free school breakfast scheme in the North West of England, UK**
Pamela Graham, Greta Defeyter (Northumbria University, UK), Riccardo Russo (University of Essex, UK) and John Blackledge (Blackpool Council, UK)

**Evaluation of school snacks and breakfast after the implementation of the project “Lanchearinhas Saudáveis”**
Ana Ferreira, Rui Poinhos and Bárbara Pereira (University of Porto, Portugal)

**How the school food concept “Around the world in 80 meals” merges youth food literacy and daily school life**
Stephanie Eilenberger and Claudia Ketter (University of Applied Sciences Fulda, Germany)

**Food consumption by children and young people in a school canteen: What boys and girls pick up and what they throw away**
Graça S. Carvalho and Elsa Cristina Reis (CIEC University of Minho, Portugal)

**Do children have a sporting chance? Child and parent perspectives on the sport-related food environment**
Moira Smith, Louise Signal, Richard Edwards, Janet Hoek and Gabrielle Jenkin (University of Otago, New Zealand)

Coffee break
11.30 — 11.45 a.m.

Closing Conference
11.45 a.m. — 1.00 p.m.
Auditório

Chair: Marta Rosales

**Children, animals and plants: objects and places**
Mara Miele (Cardiff University, UK)

**Concluding remarks**
Mónica Truninger Conference Convenor